



RULES of PLAY U10

- I. Games will be coed played on one field.
- II. Seven players per side, including goalkeeper.
- III. Basic positions shall be introduced – offense, defense.
- IV. Corner kicks, goal kicks, and throw-ins will be played.
- V. On goal kicks, the opposing team must back up behind the build-out line short of midfield. The players may advance once the ball is touched by an opposing player.
- VI. When the goalkeeper has possession with their hands, the opposing team must back up behind the build-out line. The goal keeper can play the ball immediately or wait for the other team to retreat to the build-out line. The players may advance once the ball is touched by an opposing player.
- VII. Offside will not be considered during games.
- VIII. Coaches shall introduce offside in practice to get the players familiar before players progress to U12.
- IX. Games shall last two 25 minute halves.
 - a. Five-minute halftime.
- X. There will be one center referee officiating the game.